

FINANCE COMMITTEE AGENDA Room 400, Government Center Monday, January 5, 2009 4:00 p.m.

1.	Roll (Call			
2.	Appro	oval of	Minutes:	December 3, 2008 November 18, 2008 Stand-Up Meeting	
3.	Depa	ırtment	al Matters		
	A.	Don I 1)	a) R T T S T Items to a) N b) G	tor, Nursing Home be Presented for Action: equest Approval to Purchase a 2009 Ford F-150 ruck from Bob Ridings Ford, Taylorville, IL via he State of Illinois Joint Purchase Contract 401408 for \$18,900.00, and Purchase a Western now Plow w/back drag blade from Quality ruck & Equipment Company for \$4,540.001 be Presented for Information: lonthly Reports seneral Report	1-4 5-7
	B.	Bob I 1) 2)	ltems to a) 20 an W Items to a) G	ministrator, Health Department be Presented for Action: 008 County Wellness Program Report nd Request for Approval of the 2009 /ellness Program be Presented for Information: leneral Report wither	8-37 _′
	C.	Robe 1)	a) A b) C c) G	n, Supervisor of Assessments be Presented for Information: ssessment Status Report omplaint Comparison Year to Year eneral Report other	38 39

- D. Becky McNeil, County Treasurer
 - 1) <u>Items to be Presented for Information:</u>
 - Accept and place on file County Treasurer's Monthly Financial Reports as of December 31, 2008
 - b) Employee Benefit Fund Quarterly Report
 - c) CDAP Revolving Loan Fund Quarterly Report
 - d) General Report
 - e) Other
- E. Lee Newcom, County Recorder
 - 1) Items to be Presented for Action:
 - a) EXECUTIVE SESSION: Personnel Matter
 - 2) <u>Items to be Presented for Information:</u>
 - a) General Report

40-41

- b) Other
- F. Jennifer Ho, Risk Management
 - 1) <u>Items to be Presented for Action:</u>
 - a) EXECUTIVE SESSION: Pending Litigation
 - 2) Items to be Presented for Information:
 - a) General Report
 - b) Other
- G. John M. Zeunik, County Administrator
 - 1) Items to be Presented for Action:
 - a) EXECUTIVE SESSION: Collective Bargaining & Personnel Matter
 - 2) Items to be Presented for Information:
 - a) General Report
 - b) Other
- 4. Recommend Payment of Bills and Transfers, if any, to County Board
- 5. Other Business and Communication
- 6. Adjournment

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To:

McLean County Board and Finance Committee

From:

Don Lee, Administrator McLean County Nursing Home

Eric Kline, Maintenance Supervisor

Subject:

New Truck

Date:

December 22, 2008

Scope:

The Nursing Home has budgeted \$25,000 for a new pickup truck for general use and snow removal in 2009. Our current truck is a 1996 Dodge Dakota which has served us well, but the years have taken their toll on it.

The State of Illinois Joint Purchase Contract is the most economical option and has the type and size of truck needed for our use. Heller and Dennison Ford were given an opportunity to bid but could not compete with the State bid prices.

We received 4 bids for a 7.5' snow plow, back blade and top mounted strobe light; the low bid was received from Quality Truck & Equipment Company in Bloomington, IL for a Western Midweight plow for \$4,540.00. This includes parts and installation. The other bidding companies were: Wherry Welding, Morton Body and Equipment and Koenig Body and Equipment.

Recommendation:

We request approval to purchase a 2009 Ford F-150, regular cab, 4X4 with 8 foot bed and snowplow prep from Bob Ridings Ford, 931 Springfield Road Taylorville, IL via the State of Illinois Joint Purchase Contract #401408 for \$18,900.00 and a Western snow plow w/ back drag blade, handheld controller and strobe light from Quality Truck & Equipment Company for \$4,540.00

2009 Ford F-150 reg cab, 4X4 with 8	3' bed, 5.4 V-8 & Snowplow prep	\$18,900.00
Western Snow Plow, Back drag blad Hand held controller	e, Top Mounted Strobe light and	\$ 4,540.00
Total		\$23 440 00

Respectfully Submitted

Don Lee, Nursing Home Administrator







Monday, December 08, 2008

ERIC KLINE MCLEAN COUNTY NURSING HOME 901 N MAIN ST NORMAL, IL 61761

Dear Eric:

Thank you for your inquiry about our Fleet Sales Program, please accept this letter as our bid. We are pleased you are considering us for your new truck and we can order it as follows in association with our State Bid 4014048. Note delivery is estimated in 90 days after your order.

1 2009 Ford F150 Reg Cab 4x4 Pickup w/5.4 V8 Includes all Standard Pkg. Equipment \$16,095.00 UPGRADE to SNOWPLOW PREP Pkg \$1875.00

ADD Limited Slip Axle NOT AVAILABLE w/Snowplow Prep

Engine Block Heater \$85.00 Daytime Running Lights \$40.00

Factory Trailer Pkg w/Hitch Included w/Snowplow Prep

Cargo Storage Unit NOT Available

Sliding Rear Window w/Tint \$195.00 EXTRA Programmed Key \$50.00

> Black Tubular Steps \$350.00 (added) Flat Mudflaps, Set \$85.00

HD Rubber Floor Mats \$50.00 New Municipal Lic & Title \$75.00

Pickup in Taylorville/Pana

Pueblo Gold Ext, Med Stone Cloth 40/20/40 Split Bench Seat w/Full Vinyl Floor Covering

YOUR TOTAL, P/O# Pending \$18,900.00

NOTE if this outline is incorrect in any way please call me IMMEDIATELY to correct it.

Please contact me with any questions and thanks for your business!

Sincerely,

Todd Crews

Fleet Sales Manager

Bob Ridings Ford - Chrysler - Jeep

931 Springfield Rd. • Taylorville, IL 62568

Phone: 217-824-2207 • Fax: 217-824-4252 • web: www.bobridings.com

Snow Plow Price Comparisons

Wherry Welding 26' tall 7' 6" long Sno-Way Plow Cordless remote *No back blade needed uses down pressure force	\$4563.00 \$ 100.00
Quality Truck and Equipment	
7' 6" Western Midweight Snow Plow w/ strobe	\$4350.00
Back drag blade	\$ 60.00
Handheld control in lieu of Joystick	\$ 50.00
Rubber Deflector	\$ 80.00
Morton Body and Equipment - 309-694-3222	
7' 6" Myers Snow Plow	\$4596.00
Strobe Light	\$ 355.00
Koenig Body and Equipment - 800-767-7406	•
7' 6" Western Midweight Snow Plow	\$4673.00
Back Blade	\$ 134.00
Strobe Light	\$ 350.00

1201 East Bell Street PO Box 1425 Bloomington, IL 61701 Ph: 309-662-5344 or 800-678-2459 Fax: 309-662-5409

Quotation

12/19/08

McLean County Nursing Home Fax: (309) 454-4594

Western Snow Plow Model: Midweight Plow Width: 7'6" Height: 27" Blade Gauge: 14 ga Trip Springs: 2 Vertical Ribs: 2

Angling Rams: 1 1/2" x 10" Plowing Width (full angle): 6'6"

Weight: 540 lbs DisciShoes: Cast Iron Cutting Edge: 3/8" x 6" Joyspick Controller LED Strobe Light

Installed Price: \$4,350.00

Options:
Rubber Deflector: add \$80.00

and Held Controller (In lieu of Joystick): add \$50.00

Plow Wings: add \$200.00 Back Drag Edge: add \$60.00

Quote is good for 30 days

On behalf of everyone here at Quality Truck & Equipment Company I would like to thank you for the opportunity to quote you. If you have any questions please do not hesitate to stop by or give me a call. My office number is (800) 678-2459.

Thank you

Daniel Wallem Sales Associate

Quality Truck & Equipment Co.

	McLEAN COUNTY NURSING HOME ACCRUED EXPENDITURE Pri Date: December 22, 2008 BUDGI	HOME 2008 BUDGET	2008 MONTHLY ALLOC	NOV,2008 ACCRUED EXPENSE	YTD	ADJUSTED YTD EXPENSE	REMAINING BUDGET	YTD VARIANCE AMOUNT	PER CENT OF BUDGET SPENT	PROJECTED EXPENSE 12/31/08
	SALARIES	3,595,035	295,150	308,683	3,295,838	3,562,257	32,778	266,419	%60.06	3,881,265
	IMRF MED/I IEE	281,491 438 940	23,136	24,170	258,355	278,925	2,567	20,570	99.09%	303,903
	SOC/SEC	275.020	22.604	23.614	252,416	272,513	2.508	20.097	%60.66 860.66	796.917
	VAC LIAB	30,000	2,466	2,466	27,534	27,534	2,466	0.	91.78%	30,000
	SELLBACK	0	0	0	0	0	0	0	0.00%	#DIN/0i
	PERSONNEL	4,620,486	357,077	395,010	4,237,006	4,544,091	76,395	307,085	98.35%	4,951,025
	COMMODITIES	841,321	69,150	56,405	772,171	698,864	142,457	(73,307)	83.07%	761,449
	CAPITAL	4,295,650 772,120	351,851 63,462	282,926 113,203	3,942,583 708,658	3,061,483 396,721	1,234,167 375,399	(881,099) (311,937)	71.27% 51.38%	3,335,646 432,249
	GRAND TOTAL	10,529,577	841,539	847,544	9,660,418	8,701,160	1,828,417	(959,258)	82.64%	9,480,369
	McLEAN COUNTY NURSING HOME	НОМЕ								
	ACCRUED REVENUE Prt Date: December 22, 2008	2008 BUDGET	2008 MONTHLY ALLOC	NOV,2008 ACCRUED: REVENUE	YTD ALLOC	ADJUSTED YTD REVENUE	REMAINING BUDGET	YTD VARIANCE AMOUNT	PER CENT OF BUDGET	PROJECTED REVENUE 12/31/08
	MEDICARE REVENUE	766,500	63.000	78.882	703.500	872.746	(106.246)	169.246	113.86%	950,903
5		3,153,600	259,200	490,773	2,894,400	5,653,405	(2,499,805)	2,759,005	179.27%	6,159,681
	SCHOOLING REIMB	0	0	0	0	219	(219)	219	#DIV/0i	239
	JDC LAUNDRY	8,439	694	0 0	7,745	9,162	(723)	1,416	108.56%	9,982
	JUC FOOD MEALS	000,68	2,877	: 198	32,123	22,230 1 479	12,704	(9,828)	63.70% 246 50%	24,292
	PVT PAY REVENUE	2,151,675	176,850	134,217	1,974,825	1,489,971	661,704	(484,854)	69.25%	1.623.401
	UNCLASS	12,000	986	200	11,014	2,243	9,757	(8,770)	18.69%	2,444
	INTEREST EARNED	97,990	8,054	4,142	89,936	155,082	(57,092)	65,146	158.26%	168,970
	SALE OF ASSETS	0 000	0 00 0	0 0	0 177	850	(850)	850	#DIV/0!	926
	TELEPNONE REIMB	37.9,004	47,309	28,532 780	000	9,780	(98,301)	9,780	#DIV/0!	10,656
	TOTAL ACC REVENUE	6,804,808	559,299	768,744	6,245,509	8,895,619	(2,090,811)	2,650,111	130.73%	9,692,242
•	TOTAL ACC REVENUE	6,804,808	559,299	768,744	6,245,509	8,895,619	(2,090,811)	2,650,111	130.73%	9,692,242
	LESS ACCRUED EXPENS	(10,529,577)	(841,539)	(847,544)	(9,660,418)	(8,701,160)	(1,828,417)	959,258	82.64%	(9,480,369)
	ACC REV - (ACC EXP)	(3,724,769)	(282,240)	(78,800)	(3,414,910)	194,459	(3,919,229)	3,609,369		211,874
	PLUS CAP EXP	0	63,462	113,203	708,658	396,721	375,399	(311,937)	-	432,249
	ACC BALANCE	(3.724.769)	(218.778)	34.403	(2.706.252)	591.181	(3.543.830)	3.297.432		644 122
		/	/ /		((2221212121	20111040		771,177

McLEAN COUNTY NURSING HOME - CERT PA SKILLED NOVEMBER 30 DAYS

DAILY CENSUS

										_			7.2		7.78	_	32.2		127.1		1.1		128.2	
215	0	151	0	73	439		30	2450	0	893	3373		215	30	2601	0	996		3812	10	24		3846	
0	0	0	0	0	0		0	. 0	0	0	0 3		0	0	0 2	0	0		0	_			0 3	150
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7	0	9	0	-	14		-	80	0	31	112		7	1	98	0	32		126	0	0		126	Ш
9	0	9	0	-	13		-	81	0	31	113		9	-	87	0	32		126	Ó	0		126	24
9	0	9	0	-	13		=	78	0	29	108		9	1	84	0	30		121	2	4		127	23
9	0	9	0	1	13		-	80	0	58	110		9	7	98	Ō	30		123	2	2	_	127	23
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7	0	9	0	3	16		-	79	0	30	110		7	-	82	0	33		126	0	2		128	22
7	0	9	0	3	16		-	80	0	30	111		1	7	98	0	33		127	0			128	22
7	0	9	0	33	16	-	F	79	0	30	110		7	F	85	0	33		126	0	2	-	128	22
7	0	4	0	e	14		-	82	0	30	113		7	+	98	0	33		127	0	-		128	22
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9	0	4	0	3	13		-	82	0	53	112		9	-	98	0	32		125	0	2		127	23
9	0	4	0	3	13		F	84	0	53	114		9	-	88	0	32		127	0	0	-	127	ß
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9	0	4	0	2	12		-	84	0	53	114	'	9	-	88	0	31		126	0	0		126	24
7	0	2	0	3	15		-	83	0	29	113		7	-	88	0	32		128	0	0		128	22
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8	0	5	0	2	15		-	83	0	31	115		8		88	0	33		130	0	-	H	131	19
8	0	5	0	2	15		-	83	0	31	115		8	-	88	0	33		130	0			131	19
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MEDICARE	PA SKILL	PA INT	PP SKILL	INI dd	SUB TOTAL	NON-YER-	PA SKILL	PA INT	PP SKILL	LNI dd	SUB TOTAL	TOTAL	MEDICARE	PA SKILL	PAINT	PP SKILL	TNI dd		TOT IN HOUSE	PP BED HOLD	PA BED HOLD		TATAL CENSUS	VACANCIES

McLEAN COUNTY NURSING HOME

CENSUS Report -

2008

	AVG	AVG		AVG	AVG	AVG	AVG
MONTH	MEDICARE	PVT PAY	IDPA	IN HOUSE	BED HOLD	CENSUS	VACANT
JANUARY	7.10	34.81	`	141.97	0.68	142.65	
FEBRUARY	5.41	36.31	98.10	139.83	1.38	141.21	8.79
MARCH	4.45	32.55	94.19	131.19	1.55	132.74	
APRIL	6.30	32.10	92.50	130.90	22.0	131.67	18.33
MAY	6:39	31.90	93.81	132.10	2.03	134.13	15.87
JUNE	70.7	31.53	91.23	129.83	2.17	132.00	18.00
JULY	9.45	31.71	89.03	130.19	2.45	132.65	17.35
AUGUST	9.77	29.10	88.32	127.19	2.35	129.55	20.45
SEPTEMBER	11.30	29.60	86.67	127.57	0.63	128.20	21.80
OCTOBER	7.94	32.42	19.78	127.97	1.29	129.26	20.74
NOVEMBER	7.17	32.20	87.70	127.07	1.13	128.20	21.80
DECEMBER		٠					

17.07 11.38%

132.93 88.62%

1.49

131.44 87.62%

91.75 61.17%

32.20 21.47%

7.49 4.99%

YTD AVERAGE % OF CAPACITY

Memorandum

To: Honorable Members McLean County Board Finance Committee

From: Robert J. Keller, Director

Date: December 29, 2008

Re: 2008 Employee Wellness Program Report and 2009 Proposal

Please find enclosed a report on the 2008 McLean County Wellness Program and proposal to continue the program for 2009. As you will note, participation in the program continues to increase and selected aggregate biometric measures are improving, thus reducing the health risk profile of County employees. McLean County has been on the cutting edge of implementing a comprehensive wellness program replete with employee health risk appraisals, biometric screenings and ongoing wellness activities.

I wish to extend my appreciation to the Health Department's Health Promotion Manager Jan Morris and Health Promotion Specialist Jackie Lanier for their efforts in maintaining the program since its inception. I wish to also thank Assistant County Administrator Terry Lindberg and Director of Administrative Services Bill Wasson for their active support of the program. The year 2008 marked the tenth year for the program and as you will read in the attached report, material results are being realized.

With the attached report as reference, we request that the McLean County Board Finance Committee give its approval to continuing the program for 2009. Thank you for your consideration.

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MEMORANDUM

TO:

Honorable Members McLean County Board Finance Committee

FROM:

Jan Morris, Health Promotion Program Manager

DATE:

December 29, 2008

RE:

Proposed County Wellness Plan

The Health Promotion and Assessment section of the Health Department is proposing to continue the McLean County Employee Wellness Program for the twelfth year. An on-going employee wellness program will increase health awareness, increase productivity, improve the overall health of the work force, demonstrate the County's commitment to employee wellbeing, as well as decrease the number of health claims. Research shows that having a healthier workforce reduces the increase in rising healthcare costs, absenteeism and presenteeism. The recommended plan would include biometric screenings, health risk assessment (HRA), wellness fair, and numerous wellness activities addressing risks determined by the HRA. McLean County will participate for the third year in the Health Alliance (HAMP) pilot program, Better Health by Choice. This program will provide online HRA and online health modules for all employees as well as telephonic counseling for employees covered by HAMP and demonstrating at risk behaviors or screening results.

As stated within the text of the attached report, the recommended intervention strategies for the entire workplace population included coronary and cancer risk reduction, weight management, stress management/mental health, physical activity, and better nutrition. Several potentially serious health problems were detected in past screenings. The total cost to the County's Employee Benefit Fund in 2008 was approximately \$21,000. Left undetected, heart disease, stroke, or cancer could cost the County considerably more in treatment costs. It is our goal that the 2009 wellness program, will involve more than 600 employees in screenings, HRA, and other wellness activities.

EMPLOYEE WELLNESS REPORT 2008

PRESENTED TO:

Honorable Members of McLean County Board Finance Committee

By:

Jan Morris, Health Promotion Program Manager Jackie Lanier, Health Promotion Specialist

Executive Summary -2008 Employee Wellness Screenings

- McLean County participated for the second year in the Health Alliance Medical Plans (HAMP) their pilot employee wellness program, Better Health By Choice
- HAMP medical director considers McLean County his "poster child"
- In 2008: 289 persons were screened, 595 participated in online wellness assessment, 230 attended health fair, 1960 total participation in other wellness activities (479 unduplicated participants)
- 11th year for screenings BroMenn was the provider for 2008
 - o 289 employees screened
 - 13% increase from 2007; 204% increase from 1998
 - 12 (4%) persons with no high risk factors
 - 18 (6%) employees with one risk factor
 - 259 (90%) with two or more risk factors
 - o 229 had Carle Primary care Physician (PCP)
 - 73 (32%) had an appointment with PCP within 4 months
- Compared screening numbers for employees screened in last 2 years
 - o Positive Changes noted in Biometrics
 - Desirable cholesterol less than 200 increased from 14% to 33%
 - Optimal LDL (100 or less) increased from 25.4% to 34%
 - Optimal HDL (greater than 69) increased from 19% to 34%
 - Too Low HDL (Less than 40) decreased from 32% to 20%
 - Triglycerides with a very high risk (Greater than 500) have steadily declined since 2004
- Cancer Risks noted on HRA
 - o 16.84 % of employees reported to be smokers compared to 20% of the general population and a decrease from when first tracking employee data
 - o Only 8% of those participating in biometric screenings were smokers
 - o 2.72 % used other forms of tobacco
 - o Personal history of cancer
 - \circ 69.05 % BMI> = 25
 - o 19.05% alcohol are at moderate of high risk of alcohol abuse
- Participated in Health Alliance (HAMP) Pilot Project and linked Employee Wellness program activities to health modules in health risk assessment
 - Modules included stress management, weight management, insomnia, healthy eating, smoking cessation, depression
 - Rebates/Incentives based on participation
 - Online Health Risk Appraisal and Modules
 - Telephonic Counseling for employees demonstrating risks on HRA
 - Activities addressing risks noted in HRA

- More comprehensive picture of the health of employees because more than 90 % of employees participated in HRA
- More employees participated in wellness activities than in the past years
- Biggest Loser Weight Loss Challenge
 - o Total loss of 350 pounds
 - o Greatest loss reported at 23% of body weight
- Compared 437 matched participants in HRA from 2007 and 2008
 - o 176 men and 261 women
 - o Reviewed changes in self report disease history, biometrics
 - O Average Lifestyle Score increased from 75.2 to 76.3
 - Behaviors showing improvement
 - o Alcohol use
 - o Depression
 - o Injury Prevention
 - o Nutrition
 - o Skin Protection
 - o Smoking Cigarettes
 - o Stress management
 - Behaviors not showing improvement
 - o Physical Activity
 - o Weight Management

McLean County Employee Wellness Report 2008

The McLean County Employee Wellness program has provided various benefits for its workers since it began in 1998. The ultimate goal of the program has been to empower employees to adapt healthy lifestyle behaviors and improve their health while reducing illnesses and medical expenses. This program involving a health risk appraisal, biometric screenings, wellness fair, and a plethora of wellness activities implemented to address the risk factors identified by the appraisal and screenings is promoted by McLean County government and organized by the Health Promotion and Assessment Section of the McLean County Health Department.

Great advancement has been made in medical science to overcome major diseases in the United States, but many chronic diseases could be impeded or delayed through wellness and prevention efforts. Employers are becoming ever aware of the importance of wellness and prevention, but billions of dollars are still being spent on medical services and only a small percentage on preventive care. Most Americans will develop some chronic illness such as cardiovascular disease, diabetes, or cancer caused by unhealthy behaviors that account for the major share of healthcare costs. According to Dr. Ron Goetzel of Emory University and Thomson Healthcare more than \$2.1 trillion was spent on health care in 2006 and over one-third of those costs were paid by the employer.

In the last two years, McLean County was given an opportunity to expand the prevention efforts of the wellness program by participating in the Health Alliance (HAMP) Insurance pilot program, *Better Health by Choice*. This program incorporated into the employee wellness program included an online health risk appraisal (HRA) and online health lifestyle management modules as well as telephonic counseling for employees covered by HAMP and demonstrating at risk biometric screening results or behaviors. Non HAMP employees also participated in the screenings, online health risk appraisal, and online modules. The modules available to employees addressed: relaxation, nutrition, smoking cessation, weight management, depression, and insomnia.

Participation in *Better Health by Choice*, affected the coverage and deductible reimbursement amounts received by employees insured through HAMP. As was the case in 2007, Health Alliance subscribers and spouses were required to complete the HRA and at least one follow-up online module between February 1, 2008 and February 28, 2008 and participate in biometric screenings if selected. If all three components were completed, employees were assured that after the initial \$500 deductible was satisfied the County provided reimbursement on the second \$500 for individual and up to \$1,000 for family deductible expenses.

Employees completing the recommended telephonic or online counseling or those who completed the aforementioned requirements and did not require counseling received an additional \$500 deductible expenses reimbursement for singles and \$1,000 for families from the County. If telephonic or online counseling was not recommended, the County treated the additional \$500 in deductible expenses as a wellness bonus.

In addition to the maximum medical expense reimbursement, screenings, and health counseling, participants were also eligible to receive incentives for participation in

all employee wellness program activities. At the Wellness Celebration, held on December 18th drawings were held for prizes provided by Benefits Planning Associates.

The cholesterol and glucose screenings were scheduled as in the past at the Regional Office of Education, Highway Department, Health Department, and the Law and Justice Center in January 2008.

The group completing the screenings was composed of 104 men and 185 women from 28 departments in the County. Five hundred ninety-five employees completed the online health risk appraisal through Health Media, the company responsible for the HRA. And, as in prior years the screening results of the 289 employees tested were entered into the health risk assessment and used to calculate an appraisal of the health risks for each employee. Recommended interventions were based on the prevalence of the health risks identified by the screenings and/or self reported data. Each employee received a personal online summary as well as an executive summary identifying the corporate risks for all employees.

As reported in the *Better Health by Choice* Health Risk Assessment Report, 588 McLean County employees completed their health risk assessment between February 1, 2008 and July 1, 2008. **This group of 233 males and 355 females was comprised of 88.4% of the eligible population of 673 employees.** Demographics showed that the majority of the employees were 59 years of age or younger where there is generally not a high prevalence of chronic disease. However, this age range may have risk factors that precede chronic conditions. The two most frequently diagnosed conditions in this population were high blood pressure and high cholesterol. These were followed by obesity, asthma, and diabetes. (Assessment included at end of report)

Health Media determines a lifestyle score based on each employee's adherence to health behavior recommendations and guidelines developed by the United States Preventive Service Task Force. Scores were evaluated by employees self reported information regarding alcohol use, stress/depression management, injury prevention, nutrition, physical activity, skin protection, tobacco use, and weight management. The participants' lifestyle scores indicated if they were at low, medium, or high risk for future health problems based on current health behaviors. Approximately 72% of McLean County employees had a score of 70 or greater resulting in a 2% improvement over the 2007 report.

Nutrition and weight management were the areas in which employees were least compliant in 2008. The recommended intervention strategies for the entire workplace population listed in order of need included: better nutrition (96.26%), weight management (69.04%), physical activity (54.42%), skin protection (36.46%), injury prevention (31.46%), stress management/mental health (23.13%), alcohol use (19.05%), smoking (16.84%). As stated above, all McLean County employee wellness activities are designed to help employees address the risk factors identified in both the personal and executive summaries.

Being the second year of the pilot program, Health Media also provided a comparison of persons participating in both 2007 and 2008. The summary matching 437 participants (176 men and 261) reviewed changes in the employees' self-reported disease history, biometrics, lifestyle score distribution, immunizations and health screenings. The

average lifestyle score improved from 75.2 to 76.3 and reported improvements in the following behaviors: alcohol use, depression, injury prevention, nutrition, skin protection, smoking, and stress management. The behaviors showing NO improvement were physical activity and weight management.

Biometric Screenings

Uncovering elevated screening results also helped to direct employees to their physicians and likely served to prevent catastrophic illnesses. The information collected by BroMenn and Health Media revealed that of the 289 employees screened, 18 employees had 1 high risk factor for cardiovascular disease and 257 employees exhibited 2 or more high risk factors. Absent intervention, not all employees having Health Alliance Insurance visit their physician on a regular basis. Seventy three of 229 employees screened and having Health Alliance Insurance saw their doctor within four months of screenings. This serves as a measure of the early intervention effectiveness of this program. Identifying and treating risk factors for serious disease early, improves health status and positively impacts the bottom line.

The results of the 2008 biometric screenings and self reported health risk assessments revealed the following information:

Cholesterol

High blood cholesterol levels increase the risk for heart disease and stroke. Medical experts recommend that cholesterol levels be below 200 mg/dL and state that levels of **161 and below are ideal**.

The results of the cholesterol screenings indicated that 135 of the 289 (42%) employees tested had readings above 200 mg/dL or higher, and 35 (12%) of them were at high risk with levels above 240 mg/dL. The percentage of employees with elevated cholesterol has ranged from 42% to 54.8% in the 11 years of biometric screenings.

LDL or "bad cholesterol" is the main source of cholesterol buildup and blockage in the arteries. Levels less than 100mg/dL are considered optimal, 100-129mg/dL near optimal, 130-159mg/dL borderline and 160mg/dL and above high. Border line and high levels are associated with a higher risk for coronary heart disease. There was a reduction in the employees having high risk levels and an increase in employees having moderate and low risk levels. The number of employees having low-density lipoprotein (LDL) cholesterol levels of 130mg/dL or higher decreased from 42.6% in 2007 to 31% in 2008. The number of persons with 100mg/dL or less (Ideal) increased from 25.4% in 2007 to 34% in 2008.

Employees having high or very high triglyceride levels increased from less than 6% (14) in 2007 to 15.8% in 2008. However, those having a very high risk have steadily declined since 2004. Studies have found that excess triglyceride levels (fat in the blood) should be considered a risk factor for heart attack because the high levels can impair the circulation of the blood. Having high density cholesterol (HDL) levels of less than 40mg/dL is also associated with increased risk for cardiovascular disease. Employees having less than 40mg/dL continued to improve in the last two years as the numbers with less than 40 mg/dL decreased from 41% in 2006 to 32% in 2007 and 20% in 2008. The optimal level (greater than 69mg/dL) also increased from

19% to 28% of those screened. HDL numbers can be raised by increased physical activity.

Glucose

A high blood glucose level is a possible indicator for diabetes. The American Diabetes Association lowered the criteria for the diagnosis of diabetes since the County biometric screenings began in 1998. Normal fasting glucose is now considered to be 70-99mg/dL, pre-diabetes blood glucose level is 100 to 125mg/dL, and elevated fasting glucose level is greater than 125mg/dL. People with pre-diabetes, a state between normal and diabetes, are also at risk for developing diabetes, heart attacks, and strokes. The number of county employees screened and found to have elevated fasting blood glucose levels were 17 (6%) greater than 126, and 94 (33%) between 100 and 125. In the past 11 years, the number of employees with elevated fasting blood glucose ranged from 3.2 % to 39%. The extreme differences could result from the blood draw and the revised guidelines.

Hypertension

Blood pressure is considered abnormal if it is a consistently elevated pressure of 139 systolic or higher and/or 89 diastolic or higher. Pre-hypertension is diagnosed if systolic pressure is less than 140 and greater than 120 and/or diastolic is less than 90 and greater than 80). Much can be done to control elevated blood pressure through diet, exercise, and the use of medications. Lowering blood pressures greatly reduces the risk for cardiovascular disease and strokes, and reduces medical costs as well. The blood pressure of employees stayed consistent with last year. It is unknown if persons screened were taking medications, but the key is to control the blood pressure. The screenings indicated 42 (15%) employees with elevated blood pressure.

Weight Management/Body Composition

The prevalence of overweight and obesity has increased dramatically in the last 25 years and is seen by medical experts as one of the top medical concerns for the country. Obesity is calculating Body Mass Index (BMI). Employees were asked to report height and weight so BMI could be calculated from these two measurements. Then BMI was used to classify participants into 5 categories: healthy, underweight, overweight, obese, and extremely obese. Thirty-seven percent of the employees were categorized as obese or extremely obese when their BMI was calculated and an additional 35% were categorized as overweight. The rate of employees screened for being above weight increased by 1% in 2008. The corporate health risk appraisal revealed that 69.04% of the participants were above their recommended weight range. However, 96.26% completing the Health Risk Assessment did not meet nutritional guidelines and 54.42 reported a need to improve physical activity levels.

Risks for Cancer

The executive summary also revealed that employees completing the wellness profile demonstrated risks for cancer. However these risks were reduced from 2007. Modifiable factors that put McLean County employees at risk included: 96% reporting need to improve nutrition, 69% carrying excess weight or a body mass index (BMI)

greater than 25, 19% drinking more alcohol than recommended, 16.8.4 % were smokers and 2.7% of those completing the profile used other forms of tobacco.

Prostate Cancer

Prostate cancer is the most common non-skin cancer found in men. The Prostate Specific Antigen (PSA) test was offered to men over 50 and younger men who might be at risk for prostate cancer. This test, requested by male employees, has been provided the last nine years. Because the blood draw is only one component of the screening, all men were encouraged to schedule an appointment with their physician and receive a digital exam as well. Sixty-four men were screened this year and only two were not in the normal range (< 4.00ng/ml). Those men were referred to their personal physician for further testing. At least one to 3 men were referred for further testing in the previous years.

Breast Cancer

According to the American Cancer Society, breast cancer is the most frequently diagnosed non-skin cancer in women and the second leading cause of cancer deaths behind lung cancer. An estimated 182,460 new cases of invasive breast cancer were expected to be diagnosed in 2008 resulting in 40,460 deaths. Because there is no known method for breast cancer prevention, early detection is the best protection against the disease. All female employees age 40 and over were encouraged to schedule a yearly mammogram, whether on site or at another location. This was the ninth year of eleven years that a mobile mammography van was made available to employees for screening mammograms. To be eligible for a screening mammogram, a woman must be 40 years of age and not have had prior breast health issues. Forty- three women were screened and seven needed additional imaging and were referred to their personal physicians.

Nine women were recalled for additional views in 2004 and 2005, seven in 2002, six in 2001 and 2000, and four in 2007.

Summary of Wellness Activities to Address Health Risks Identified in Screenings

The greatest number of McLean County employees participated in wellness activities in 2008. Four hundred seventy nine County employees from 33 departments/sections (excluding persons completing the health risk Assessment) participated in the Employee Wellness Program in 2008. Two hundred eighty nine employees participated in biometric screenings, 230 attended the wellness fair, with total participation in all activities at 1,960.

The many activities and programs provided for employees were developed to encourage employees to make healthy lifestyle changes and thus address the health risks identified by the screenings and the corporate summary report. Most programs included nutrition and physical activity, both interventions needed to reduce the cardiovascular and cancer risks identified in the screenings. A brief description of each wellness activity for the past year is listed below:

Weight Management

Two programs were scheduled in the past year to address weight loss and maintenance. At employees' request, the *Weight Watchers at Work* class was reinstated in the summer of 2007 and continued through March 2008. Many participants met their

designated goal weight and became lifetime members and no longer needed to pay the fee to participate. For that reason the class did not continue. However, others became involved in the Biggest Loser Challenge.

Biggest Loser Weight Loss Challenge

In March 2008, the Wellness Program kicked off McLean County's *Biggest Loser* weight loss challenge. **One hundred and twelve employees** choose to complete with the support of a team or on their own. Seventy employees participated as part of 19 teams and 42 employees worked individually. During the 9 week program, participants logged their progress in a weight-loss journal, received biweekly e-mails addressing weight loss tips, and participated in mandatory weigh-ins. Jerry Lisenby, a former contestant on the NBS Biggest Loser Show, came for a program at the Government Center to share his weight loss success story and tips with 47 employees. The ninety-six employees completing the 9-week program lost 413 pounds averaging 2% weight loss. An award ceremony was held to recognize the "Biggest Losers." Several lost over 9% of their original weight and the "Biggest Loser" lost 15.7% of his weight. Sixteen employees lost over 5% of their original weight.

The program was so successful that upon participant request, the journey continued with Biggest Loser Part II. Seventy-five employees registered to work on their weight loss efforts for the remainder of the year. By December 2008, the program concluded with 42 employees finishing with a total weight loss of 350 pounds.

The eleventh annual Employee Wellness Fair held on May 28, 2008 was attended by 230 employees from 26 departments. The greatest representation for the fair was from the Circuit Clerk's office and the Health Department. The fair is an excellent way for employees to learn about a variety of health topics and interact with health professionals. Agencies represented at the fair included: American Heart Association, American Red Cross, Benefits Planning Associates, Bloomington Parks and Recreation, Bloomington Public Library, BroMenn Community Wellness Services and Women's Center, Chestnut Global Partners - EAP, Community Cancer Center, Curves, Eastland Chiropractic and Wellness Center, Firstline Therapy, Four Seasons Association, Gailey Eye Clinic, Healing Arts Network, Health Alliance Medical Plans, Illinois Weslevan University students, Mary Kay, McLean County Gardeners Association, McLean County Health Department (MCHD) Health Promotions, McLean County Affiliate Susan G. Komen Breast Cancer Foundation, Midwest Center for Sleep Medicine, OSF St. Joseph Center for Healthy Lifestyles, Upper Limits, and YWCA. Seventy-nine women participated in the heel screenings to help detect risks for osteoporosis and 11 employees received tetanus boosters from the health department nurses on the day of the fair.

Ninety-four percent of participants completed an evaluation of the event. Of those respondents, all noted that they would recommend the fair to a co-worker. The top motivators for attending the fair included: learning about health issues, seemed like fun, and health screenings. The majority of participants learned about the health fair from e-mail or *County Comments*. Various aspects of the fair were rated as either good or excellent by almost all of the participants. Overall, the fair was a great success and participants were very pleased with the event.

Go Gold

As the Summer Olympics transpired in August, the employee wellness program encouraged employees to get active with the program *Go Gold*. One hundred nineteen employees took the challenge and for the course of 31 days logged their physical activity. Physical activity included many activities such as walking, running, cycling, and swimming. The goal was to "medal" at least 20 times during the 31-day program by recording exercise minutes: 30-44 minutes for a Bronze, 45-59 minutes for a Silver, and 60 or more minutes for a Gold. Employees logged 99,783 minutes of physical activity during the month and some noted the activity to be one of the best activities they participated in all year.

Walktober

This was another 31-day program in which employees tracked steps (using a step counter) or minutes dedicated to walking each day. Before starting the program, participants selected a beginning activity level and an ending goal. *Walktober* helped employees set a challenging but obtainable goal for the month, based on their current level of activity. An online component was available this year and 80 participants took advantage of this new feature. Daily e-mails kept them motivated with health, nutrition, and walking tips. The program included weekly games and prizes. Free pedometers were provided to participants to track steps. All participants completing the program were eligible for a prize drawing. One hundred fifteen employees completed the program and the majority of them noted increased daily activity levels.

Pilates

The Pilates class implemented in the fall of 2005 continued to be requested by employees. Pilates is a form of isometric exercise and physical movement designed to stretch, strengthen, tone and balance the body, while eliminating tension and strain on the joints. It is an exercise designed to improve posture and coordination, increase flexibility, develop optimal core control, create flat abdominals and a strong back, as well as provide a refreshing mind-body workout. Six women participated in the class taught twice a week at the Health Department.

Workplace Yoga

Workplace Yoga became available to employees in 2007 and continued in 2008. This stress-relieving yoga practice is done while sitting in a chair. Participants learn to relax their body and mind through yoga poses, breathing awareness, and relaxation techniques. Additional benefits for the activity included increased flexibility and breathing, as well as better posture. Fourteen women participated in the weekly class offered over the lunch hour. Feedback has been very positive for this class.

Vending Machines

Joe Abraham and Sons Vending, began providing food for all County vending machines in November 2006. The company offered a complete line of low carbohydrate and low fat food choices and agreed to make at least 25% of the food selections in each machine to be healthier options. Staff members from Health Department Health

machine to be healthier options. Staff members from Health Department Health Promotion and Assessment section helped select healthier choices to be included in the vending machines, but if the food did not sell those selections were removed and others are placed in the machines. Health promotion staff continues to work with facilities management and the vendor to provide healthier options for employees.

Flu Vaccine

For the first time, the Employee Wellness program brought flu shots on site to employees. Numerous employees have asked for this service at the worksite and their request came to fruition in 2008. This was met with overwhelming success as 208 employees received vaccinations.

Activities Addressing Cancer Risks

Research shows that physical activity and a diet rich in fruits, vegetables, and grains help to lower the risks for many types of cancer. In addition to the aforementioned programs, several programs specifically addressed cancer awareness and/or cancer risks. A breast cancer awareness campaign available for employees included breast health information through electronic emails, trivia questions and, the opportunity to participate in the Paint the County Pink Campaign during the last week of October. Employees could donate \$5 to the Susan G. Komen Breast Cancer Foundation as they participated in a week of activities including: Mammogram Monday, Take Time For You Tuesday, Workout Wednesday, Pink Tea Thursday, and Pink Fashion Friday. Employees also participated in a Lunch and Learn entitled, Fighting Breast Cancer with a Fork and Our Feet provided by the registered dietician from the Community Cancer Center. Approximately two hundred fifty employees participated in the activities and donated \$1520 to the McLean County Affiliate. Seventy five per cent of the money will help to pay for education and mammograms for McLean County women that can not afford the services and the remainder of the money is sent the National Komen Foundation for breast cancer research.

Self reported data received from the Health Risk Assessment indicated that 19.56% of employees use tobacco and 16.84% smoke cigarettes. Tobacco cessation material was made available to employees wishing to quit smoking throughout the year, but an emphasis for quitting was held in January as a New Years Resolution, in May for World No Tobacco Day, and in November during the American Cancer Society's Great American Smoke-out. Employees were told about all the options for assistance. *Breathe*, one of Health Media modules, is available to any employee and will create a personalized plan to quit.

Health Alliance Insurance has a free two month cessation program, *I Can Quit*, for its members. If the member has pharmacy benefits, nicotine replacements drugs can be provided with the member paying only the \$15/month co-payment.

McLean County Health Department Health Promotion staff has free nicotine patches available for employees wanting to quit smoking and willing to be counseled by staff at the Illinois Tobacco Quitline. The employee can call the Quitline (1-866-quit-yes) and request help with quitting. The certified counselor will then email or call a health promotion staff member to specify what strength patch the person needs and then a one-week supply can be given to the employee. The employee must call the quitline each

week for counseling before another supply of patches can be given. Four weeks of patches are supplied by the Health Department program at no cost and the remaining 4 weeks were paid through the benefit fund. Two employees participated in the program with free patches.

Other Wellness Programs in 2008

Numerous lunch and learn sessions were scheduled throughout the year touching on a variety of health topics including exercise, **Stress Management**, **Managing Your Weight**, **Wellness Vision**, **Tai Chi**. The average attendance for the lunch and learn sessions was 16 people. The program addressing weight management drew the greatest attendance of 24 employees.

Random Acts of Kindness Week held in February gave all employees an opportunity to engage in a Random Act of Kindness. During the designated week, the recipient(s) received a flower with a quotation about kindness or a note from the sender. It was the hope of the employee wellness program that both the giver and the recipient benefited by the random act. More than three hundred flowers were distributed by Health Promotion staff so the senders remained anonymous.

This was the sixth year a County employee received the Wellness Employee of the Year Award. The honor is bestowed on an employee who worked toward or had succeeded in improving his/her health or that of their peers in the past year. A certificate was given to the six persons nominated for the award and a framed award from Successories was presented to the winner, Franklin Slayback, at the Wellness Open House.

The Wellness Open House held on December 18th rewarded employees for participating in the Employee Wellness program during 2008. Ninety employees were treated to paraffin hand treatments, healthy snacks, and health information provided by OSF, BroMenn, Health Alliance, and the Wellness program. All employees attending received a wellness gift and were eligible for drawings for prizes administered by Benefits Planning Associates and announced at the celebration.

Monthly health articles in *County Comments* Newsletter and periodic health news and promotion of community health events/ classes posted on County electronic mail are other avenues used to deliver pertinent health topics and information regarding National Health Observances to County employees. The health promotion section continually works with Information Services (IT) to further develop the County Wellness Intranet site.

Summary

Reviews of county medical and pharmacological insurance claims over the past several years show that heart disease, diabetes, cancer, stress related illnesses make up the greatest share of payouts. Risk factors such as poor nutrition, smoking, and lack of physical activity are major contributors in the development and progression of chronic diseases. An employer's attention to health promotion and early detection efforts plays a significant role in controlling health care expenditures. According to Larry Chapman, Chairman and Founder of the Summex Corporation, health promotion programs are very beneficial in the workplace and business cannot afford not to invest in employee wellness. We strongly encourage all employees to participate in the employee wellness

program. This program is one benefit which can improve health, increase productivity and yield a significant return on investment for the employer and the employee. The proposed wellness program for 2009 is listed below.

Proposed Events and Activities for 2009

McLean County will continue to participate in a Health Alliance (HAMP) pilot program, *Better Health by Choice*. The program including online health risk appraisal (HRA), health modules, and telephonic counseling for employees covered by HAMP and demonstrating at risk biometric screening results or behaviors. Non HAMP employees will participate in screenings, online health risk appraisal, and online modules.

Participation in *Better Health by Choice*, will to a greater extent this year affect the coverage and deductible reimbursement amounts received by employees insured through HAMP. As was the case in 2008, Health Alliance subscribers and spouses will be required to complete the HRA between February 1, 2009 and February 28, 2009. They also must participate in at least one follow-up online module and must participate in biometric screenings if demonstrating more than 2 cardiovascular risk factors in previous screening. If all three components are completed, employees are assured that after the initial \$500 deductible is satisfied the County will provide reimbursement on the second \$500 for individual and up to \$1,000 for family deductible expenses.

Employees completing the recommended telephonic or online counseling or those who have completed the aforementioned requirements and do not require counseling will receive an additional \$500 deductible expenses reimbursement for singles and \$1,000 for families from the County. If telephonic or online counseling is not recommended, the County will treat the additional \$500 in additional deductible expenses as a wellness bonus.

In addition to the maximum deductible medical expense reimbursement, screenings, and health counseling, participants are eligible to receive incentives for participation in other employee wellness program activities. All persons participating in requirements listed above will be entered into drawings for prizes at the end of the year.

The cholesterol and glucose screenings will be scheduled at the Regional Office of Education, Highway Department, Health Department, and the Law and Justice Center in January. The costs of the screenings for employees and spouses carrying Health Alliance Insurance will be paid by Health Alliance insurance because they are considered wellness care and the fees for those employees not insured by Health Alliance will be paid from the Employee Benefit Fund.

The scheduled date for the annual employee wellness fair is Wednesday, May 27, 2009. The osteoporosis screening and tetanus immunizations will be held on the day of the fair and the mammogram van will be available in July. A flu clinic will also be scheduled for October 2009.

Cardiovascular Screenings

- Screenings conducted on selected employees in January
- Locations: Health Department, Law and Justice Center, Highway Department, Government Center, and Regional Office of Education

- Online and telephonic counseling
- A corporate report compiled from data received in wellness profiles
- Tracking patients with high risk screening scores to determine how many schedule appointments with physician
- Complete Health Risk Appraisal February 1 through February 28

Osteoporosis

- Screenings to be conducted by BroMenn Women's Center on May 27th in conjunction with the Wellness Fair

Tetanus Vaccine

- Administered by Health Department nurses on day of health fair

Cancer Screenings

- Mammography Van in July from Methodist Medical Center in Peoria
- PSA (Prostate-Specific Antigen) blood test for men 50 and over or for those 40 and over and at risk for prostate cancer

Influenza Prevention

- Flu clinic for employees held in October 2009

Wellness Fair

- Wednesday, May 27, 2009 from 8:30 until 2:30
- Variety of vendors focusing on all aspects of health and prevention

Activities Linked to Wellness Modules

- Promote Healthy Choice Modules: New years resolution message
- Promotion of Heart Month and Go Red Day for Women
- Random Acts of Kindness Week
- Great American Fitness Adventure (a physical activity program)
- Weight Management Programs
- Promotion of National Nutrition Month
- Promotion of Men's Health Week
- Promotion of Summer Safety
- Promote Fruit and Vegetable Month in September
- Fall Walking program
- Breast Cancer Awareness Month activities during October
- Promote American Diabetes Month/Diabetes Prevention in November
- Promote Smoking cessation in January, May, November
 - o World No Tobacco Day and Great American Smokeout
- Promotion of Illinois Tobacco Quitline and free nicotine patches
- Holiday Stress Management
- Lunch and Learns
- Observation of National Health Observances
- Select McLean County Wellness Employee of the year

- Wellness Celebration with mini health fair
- County Comment articles pertaining to pertinent health topics
- Health Beat Articles on County-E-mail
- Intranet site

Comments received from employees regarding wellness initiatives this year:

- This year's health fair was the best one yet.
- Thanks for all that you do to keep us motivated!
- The flowers given out for Random Acts of Kindness are beautiful. What a great thing for employees!
- Great job organizing this event (Health Fair).
- Best Health Fair ever!!!
- Great health fair and good prizes. Cudos to you and Jan and whoever else worked so hard on this.
- Thanks!! That is really nice to offer something like this (Random Acts of Kindness). It brings up work morale.
- You guys do a great job!
- Thanks for all you do to keep us healthy.
- Jackie is very supportive and encouraging organizer.
- The biggest loser was a great motivational activity.
- A big thanks for your efforts in putting together this year's employee health fair. Your hard work was evident and it was one of the best ever I think.
- Thanks for your work with the Biggest Loser program...it was a huge success. What a great job.
- Just wanted to thank you and your helpers on behalf of the "Biggest Loser" for the lovely luncheon yesterday. It was yummy and a good time was had by all. We appreciate your efforts to help us slim down and get in shape. Maybe some day you won't have to work so hard!
- Thanks to you and the Health Dept. for bringing the Biggest Loser Program. I think everyone enjoyed doing it. I hope a good number signed up to keep going. It takes a lot of effort to put together prizes and program materials as well as calculate everyone's results and determine the winners----but the outcomes posted shows it is paying off big time!! Great Job!
- Re: Biggest Loser program: Very cool Jackie- thanks for organizing this! Kudos goes to you too! You've been very helpful and supportive to me and others during these adventures- make it worth doing.
- Re: Jerry Lisenby presentation. Thank you thank you thank you. This was the best health department program in quite a while--they are all good, but this was exceptional!!!!!
- Jan, thanks for bringing the flu clinic to county employees! This is extremely important to keep employees well.

2008 Employee Wellness Budget in Second Pilot Year

BroMenn Screenings \$50 x 60 persons = Non HAMP insured (20 x 64)	Proposed \$3,000	Ben Fund \$1,280	HAM 4500.	Actual \$5780
HAMP (20 x 225) PSA 35 x 20 non HAMP insured men = (38.50 x 14) (38.50 x 50)	\$700	\$539.00	1925	2464
Methodist Hospital Mammograms in mammogram van Women 40 and over				
\$258.00 x 15 non HAMP insured women = (\$258. x 10) (258 x 33)	\$ 3870	\$2580	8514.	\$11,094.
BroMenn Medical Center Osteoporosis screening (heel) \$5 x 100 women	\$500	\$385.	\$0	\$385.
(\$5 x77) Flu shots (\$25 x 208) (\$25 x 65)	\$0	1,625	\$3575.	\$5200.
Total amount paid for screenings	\$8,070	\$6409	\$18,129	\$24,923.
Amount paid by Benefit Fund for screen				6409.00
Amount paid by Health Alliance Medical	l Plans (HAN	IP) for scre	enings \$1	18,129.00
Other Expenses paid by Benefit Fund Wellness Conference	\$700			\$90.00
Membership to WELCOA	\$200			\$292.
Wellness activities, incentives, items Resources for lending library	\$9,000		\$9),183.82
Scholarships for Weight Management prog	ram 500			\$0.00
Tobacco Replacement Patches	250			120.
Wellness programs/Health Fair printing/pag Brochure	per/ 300	• ·		574.11
Marketing to BPA	\$4,000			54,000
Total amount requested (Bal 2351.07)	\$23,020		\$	20,668.93

2008 Screenings by Department

2008 Screenings by Department

Administration	2
Adult Literacy	0
Adult Probation	0
Assessor's Office	9
Auditor's Office	6
Building and Zoning	5
CASA	6
Circuit Clerk	29
Circuit Court	8
County Board	1
County Clerk	10
Court Services	20
Election Commission	0
Facilities Management	3
Health Department	57
Highway Department	25
Information Services	9
Jail	0
Judicial	4
Juvenile Detention Center	9
Metcom	3
Nursing Home	19
Parks and Recreation	1
Public Defender	7
Recorder	2 5
Regional Office of Education	-5
Regional Planning	2
Risk Management	1
Sheriff	25
States Attorney's Office	18
Treasurer's Office	4
Veteran's Assistance	1

Eleven Year Employee Screening Results 1998 – 2008

Eleven Year Employee Biometric Screening Results 1998-2008

Gender	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
Male	20	32	43	54	.59	77	91	88	11	96	104
Female	75	61	74	68	101	127	140	139	120	158	185
Average Age						45	44	45	46		44
Total Screened	95	93	117	143	160	204	231	227	197	254	289

Tobacco Use 1998	1998	1999	2000	2001	2002	2003	2004	2002	2006	2007	2008
Male	i	1	9 of 42	12 of 54							
			(21%)	(22%)							
Females		1	8 of 68	68 Jo 6					,		,
			(11%)	(10%)							
Total			17 of	21 of	22 of	37 of	44 of	43 of 227	34 of 187		34 of 284
29			110	143	152	204	231	(19%)	(11%)	•	(%8)
	-	,	(15%)	(15%)	(14%)	(19%)	(19%)				

Total	1998	6661	2000	2001	2002	2003	2004	2002	2006	2007	2008
Cholesterol											
Hioh Risk	13	20	10	15	` 29	22	30 (13%)	23	17 (9%)	31	35
(>240 mg/dL)	(13.6%)	(21.5%)	(%6)	(10.4%)	(18%)	(11%)		(10.1%)		- 1	(12%)
Moderate Risk	35	1	38	55		67 (32%)	(%67) 99	85	64	9/	100
(200-239 mg/dL)	(36.8%)	(33.3%)	(34.5%)	(38.4%)				(37.4%)	(33.9%)		(35%)
Desirable	47	42	62	73	08	120 (57%)	130 (58%)	82	84	35	95
(less than 200	(49.4%)	(45%)	(56.4%)	(\$1%)	(%05)		, .	(36.1%)	(44.4%)	(14%)	(33%)
mg/dL)					-						
Optimal		,						37	24	110	56
(Less than 160)				-	-			(16.3%)	(12.7%)	(44%)	(19%)
Number Screened	- 95	93	117	143	160	209	231	227	189	252	286

Low Density	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
Lipid											
(LDL)											
Very High Risk										5 (2%)	
Greater than 190				•						•.	
mg/dL)										*	
High Risk	:				5	2	36	31	25	29	26
(160 – 189 mg/dL)					(2%)	(1%)	(15.9%)	(13.7%)	(13.2%)	(11.6%)	(%6)
Moderate Risk		11	31	35	19	13	<i>L</i> 9	63	99	73	64
(130 - 159)		(12.5%	(56%)	(24%)	(12%)	(%9)	(29.6%)	(27.8%)	(34.7%)	(767)	(22%)
mg/dL)		<u> </u>									
Desirable	1	. 17			41	43 (21%)	.92	. 87	75	78	99
(100-129 mg/dL)		(16%).			(36%)		(33.6%)	(38.3%)	(39.5%)	(31%)	(23%)
Optimal (100 or	-	58	17	105	95	149	47	46	24	63	66
less)		(%99)	(71%)	(73%)	(%65)	(71%)	(20.8%)	(20.3%)	(12.6%)	(25.4%)	(34%)
** Data tl	** Data that did not read		due to high Triglycerides	glycerides			4 (1.5%)				

High Density	1998	1999	2000	2001	2002	2003	2004	2005	9007	2007	2008	
Lipid (HDL)								-				
Too Low	14	5	11	3	21	42	. 9/	59	78	81	59	
(<40 mg/dL)	(14.7%)	(2%)	(10%)	(5%)	(13%)	(70%)	(33%)	(26.1%)	(41.1%)	(32%)	(20%)	
Moderate Risk								44	27		36	
							•	(19.5%)	(14.2%)		(12%)	
Normal	81	88	86	140	139	165	154	123	85	124	26	
(40-59 mg/dL)	(85.3%)	(%56)	(%06)	(%86)	(82%)	(%6L)	(%/9)	(54.4%)	(44.7%)	(46%)	(34%)	
Optimal (greater										47	. 81	
than 69mg/dL)						2				(19%)	(78%)	

Triglycerides 1998	1998	1999	2000	2001	2002	2003	2004	2005	9007	2007	2008
Very High Risk	1	1	0		2	2	28	29	16	-	5
(> 500 mg/dL)		(1%)		(%9.)	(1%)	(1%)	(12.5%)	(12.8%)	(8.4%)	(.003%)	(1.8%)
High Risk	-	9	4	2	24	41	33	34 (15%)	25	13	38
(200-499 mg/dL)		(6.5%)	(3.6%)	(1%)	(15%)	(50%)	(14.7%)		(13.2%)	(2%)	(14%)
Moderate	1	15	22	20	40	46	52	50	49	26	09
(150-199 mg/dL)		(16.4%)	(19.8%)	(14%)	(25%)	(22%)	(23.2%)	(22.1%)	(25.8%)	(10%)	(22%)
Normal Level	1	69	85	120	94	120	111	113	100	212	168
(<150mg/dL)		(%9L)	(76.5%)	(84%)	(26%)	(57%)	(49.6%)	(20%)	(52.6%)	(84%)	(62%)

an (9, 7, 8%) (7.8%) (7.8%) (11%) (18%) (18%) (3.2%) (8.6%) (7.8%) (7.8%) (5%) (11%) (18%) (18%) (96.8% (90.4%) (91.3% (95%) (95%) (95%) (1%) (1%) (1%) (1%) (1%)		1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
sting) 3 8 9 7 18 37 (3.2%) (8.6%) (7.8%) (5%) (11%) (18%) (100- (100- (100- (100-	Jucose											
(190-) (100-) (1		3 (3 7%)	8	6 (7 8%)	7 (5%)	18	37	19 (8%)	47 (20.7%)	30 (15,2%)	47 (19%)	
100- 1 than 1 than 2		(6)	(670.0)	672.	6.2							17
tes 100- less than less than Blood 92 84 105 135 142 135 Blood 92 84 105 (95%) (89%) (65%) mg/dL)))))) 0 0 0 lormal 0 1 1 0 0 0 (Non (1%) (.8%) (.8%) (.1%) (> 140) (.8%) (.8%) (.1%) Non (16%)												(%9)
less than less than 92 84 105 135 142 135 Blood 92 84 105 135 142 135 mg/dL))))) 0 0 lormal 0 1 1 0 0 0 (Non (1%) (.8%) (.8%) (.1%) (.1%) Non (.16%) (.16%) (.16%)	ediabetes 100-											94
less than 92 84 105 135 142 135 Blood 92 84 105 135 142 135 mg/dL))))) (65%) lormal 0 1 1 0 0 lormal (1%) (.8%) (.8%) 0 0 l (Non (2.140) (.8%) (.1%) (.1%) Non (.16%) (.16%) (.16%)												(33%)
Blood 92 84 105 135 142 135 mg/dL)))) (96.8% (90.4%) (91.3% (95%) (89%) (65%) (65%))))) (0000000000000000000000000000	esired- less than											175 (61%)
mg/dL)) (96.8% (90.4%) (91.3% (95%) (89%) 1 1 0 0 0 0 0 0 0 0	ormal Blood	92	84	105	135	142	135	211 (92%)	180	167	203	
mg/dL))) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	ncose	%8.96)	(90.4%)	(91.3%	(%56)	(%68)	(%59)		(79.3%	(84.8%)	(%08)	
Ormal	5-110 mg/dL))		(:						
(Non (1%) (.8%) (> 140 Non	slow Normal	0	1	1	0	0	0	0	o .	0	2 (1%)	
(> 140 Non			(1%)	(%8.)								
(> 140 Non	evated (Non						'n			-		
Non	sting) (> 140						(1%)					
Non	g/dL)							,				
	ormal Non					-	34			٠,	-	
	sting						(16%)		,			÷
Blood Glucose	Blood Glucose											

Blood Pressure	1998	1999	2000	2001	2002	Ċ	2004	2002	2006	2007	2008
Normal Range	82	25			69		73	51	59	169	See
(<130/85) (<120/80)					(20%)	(%9.69)	(33.6%)	(22.8%)	(30.1%)	(%/9)	Chart
2004*									-		- 1
Moderate/Prehypertension					32	34	66	107	101	32	
(130-139) (85-89)					(23%)	(16.3%)	(44.2%)	(47.8%)	(51.5%)	(13%)	
(120/80 -139/89) 2004*											
High Blood pressure	15	23			38	73	52	99	36	39	
(140/90+)					(27%)	(13.9%)	(23.2%)	(29.5%)	(18.4%)	(15%)	
No blood pressure taken						13				12 (4%)	
						(6.2%)					
High systolic blood			9 males	12 males							
pressure (90-139)			16	8 females							
			females								
Normal systolic range			33	42 males							
			males	81.		,				•	
			52	females				•			
3			females								
High diastolic range (60-			10	14 males							
(68			males	5 females				-			
			10								
			females	-			-				
Normal diastolic range			32	40 males							
	-		males	84				٠.			
			28	females							
			females					,			
									٠		

• Ideal blood pressure is 115/75 or below (2004)

Systolic Blood	2008	Diastolic Blood	2008
Pressure		Pressure	
Desirable Less than 120	102 (35%)	Desirable Less than 80	180 (62%)
Pre-hypertension 120-139	140 (48%)	Pre-hypertension 80-89	76 (26%)
High Greater than 140	42 (15%)	High Greater than 90	29 (10%)

Mammograms	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
Number of women	0	4	24	36	31	0	36	46	34	40	43
Recalled for additional	0	0	9	9	7	0	6	6	3	4	7
films											

Heart Health	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
Score									•		
Coronary Risk				-							
Ideal Risk	,	,	(%8) 6	13 (9%)	9 (5.8%)	6 (2.9%)	12 (5.2%)		. 13		
								(7.9%)	(%9.9)		
Gow Risk			38	51	99	92	99		49		
			(35%)	(36%)	(42.9%)	(37.3%)	(28.1%)	(23.8%)	(24.9%)		
Moderate Risk			20	31	30	52	(%92) 09	57	58		
			(18%)	(25%)	(19.5%)	(25.5%)		(25.1%)	(29.4%)		
High Risk	1	1	43	48	49	70	94	86	77		
0			(36%)	(34%)	(31.8%)	(34.3%)	(40.7%)	(43.2%)	(39.1%)		-
Total Screened			42	54 men	57 men	77 men	91 men	88 men	77 men		
			men	68	26	127	140	139	12		
			89	women	women	women	women	women	women		
			women					-			

Fitness	1998	16	99 2000	2001	2002	2003	2004	2002	2006	2007	2008
Score						·					
Low Fitness	1	ı	ı	57	56	70	59	48	51		
				(39.8%)	(36.4%)	(34.3%)	(25.5%)	(21.1%)	(25.9%)		
Fair Fitness	1	1		28	69	94	115	122	104		
				(19.5%)	(44.8%)	(46.1%)	(49.8%)	(53.7%)	(52.8%)		
Good Fitness	-	-	ı	44	19	24	32	. 33	26		
				(30.7%)	(12.3%)	(11.8%)	(10.8%)	(14.5%)	(13.2%)		
Excellent		ı	ı	14	10	16	25	24	16		
		٠		(6.7%)	(6.5%)	(7.8%)	(10.8%)	(10.6%)	(8.1%)		
		,									

Percent Fat, Men	1998	1999	2000	2001	2002 2003	2003	2004	2005	2006 2007	2007	2008
Below Average Range			5	∞	0	0	0	0	0	1 (1%)	0
< 18.5			(12%)	(14.8%)				1.0			
Average Range	ı	i	29	15	<i>L</i>	12	6	10	7	18	18
BMI <=23 Ideal (2005)			(%0%)	(27.7%)	(12%)	(15.8%)	(14.1%)	(11.4%)	(9.1%)	(18.9%)	(17.3%)
18.5 to 24.9 Normal (2007)											
Above Average Range	t		7	31	∞	11	7	16	10	1	
BMI <=25 Desired (2005)			(17%)	(21%)	(14%)	14.5%)	(10.9%)	(18.2%)	(13%)		
Overweight		ı	1	1	14	17	24	42	39	43	45
BMI 25 to 29.9 (2005)					(24.5%)	22.4%)	(37.5%)	(47.7%)	(50.6%)	(45.2%)	(43%)
Obese 30 and	l:	1	1	1	25	. 36	24	20	21	22	26
higher(2005)					(43.8%)	(47.4%)	(37.5%)	(22.7%)	(27.3%)	(23.1%)	(25%)
Severely Obese										∞.	12
35 + (2007)										(8.4%)	(11.5%)
No measurements taken										3 (3%)	3
											(2.8%)
Total Screened	,	1	41	54	57	92	64	88	77	95	104

7008		2 -	,	62
/007		0	1	55
2005 2006 2007		2		44
2002		3		49
2004		-		62
2003		2		4
2002 2003				41
2001		0		37
2000	-	0		53
1999				
1998				- "
(PSA)Prostate	Specific Antigen Screening	Above Normal Range	(< 4.00ng/ml)	Normal Range

men 2 6 2 (2%) 3 2 0 0 w Average - - 2 6 2 (2%) 3 2 0 0 u Average - 24 14 17 14 16 30 26 - 23 Ideal (2005) - 24 14 17 14 16 30 26 co 24.9 Normal 1) - 40 69 5 8 3 13 17 e Average Range - - 40 69 5 8 3 13 17 -	Percent Fat,	1998	1999	2000	2001	2000 2001 2002 2003	2003	2004	2004 2005	2006 2007	2007	2008
(2005) - 2 6 2 (2%) 3 2 0 0 (2005) - - 24 14 17 14 16 30 26 (2005) - - 24 14 17 14 16 30 26 mal - - 40 69 5 8 3 13 17 Range - - 40 69 5 8 3 13 17 (2005) - - - 11 15 16 50 34 (2005) - - - 11 15 16 50 34 (2005) - - - - 11 50 34 (2005) - - - - - 52 46 43 (2005) - - - - - - 52 46	Women											
(2005) 24 14 17 14 16 30 26 mal Range 40 69 5 8 3 13 17 (2005) 40 69 5 8 3 13 17 (2005) 40 69 5 8 3 13 17 (2005) 111 15 16 50 349 (2005) 111 15 16 50 349 (2005) 111 15 16 50 349 (2005) 56 89 97 119 89 139 120	Below Average	1		2	9	2 (2%)	3	2	0	0		
(2005) 24 14 17 14 16 30 26 mal Range 40 69 5 8 3 13 17 Range 40 69 5 8 3 13 17 G(2005) 40 69 5 8 3 13 17 G(2005) 11 15 15 16 50 34 G(2005) 51 17 SMH BMI tts taken 124 14 17 14 16 30 (21.6%) (21.7%) (21.7%) (21.7%) (21.6%) (21)		•	(3%)	(6.7%)		(2.5%)	(2.2%)		-	(%900')	(.005%)
(2005) (36%) (15.7%) (17.5%) (11.8%) (18%) (21.6%) (21.7%) (21.05) (21.7%) (21.05) (21.05) (21.7%) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (21.05) (200	Average Range	1	,	24	14	17	14	16	30	26	45	54
5) 40 69 5 8 3 13 17 5) 40 69 5 8 3 13 17 11 15 16 50 34 11 15 16 50 34 11 15 16 50 34 12.6%) (18%) (36%) (28.3%) 10 51 79 52 46 43 10 52.5%) 66.4%) (58.4%) (33.1%) (35.8%)	9 BMI <23 Ideal (2005)			(36%)	(15.7%)		(11.8%)	(18%)	(21.6%)	(21.7%)	(28.6%)	(29.1%)
vverage Range - 40 69 5 8 3 13 17 5 Desired (2005) - - 40 69 5 8 3 13 17 5 Desired (2005) - - - 11 15 16 50 34 to 29.9 (2005) - - - 11%) 12.6%) (18%) (36%) (28.3%) MI 30+ (2005) - - - 51 79 52 46 43 MI 30+ (2005) - - - - 51 79 52.4% (35.8%) Obese BMI - - - - - - 46 43 Or) - - - - - - 46 43 Obese BMI -	18.5 to 24.9 Normal										,	
S Desired (2005) - 40 69 5 8 3 13 17 5 Desired (2005) - - - - - - - 14.2%) (6.7%) (6.7%) (9.4%) (14.2%) ght - - - - 11 15 16 50 34 to 29.9 (2005) - - - - 51 79 52 46 43 MI 30+ (2005) - - - 51 79 52 46 43 MI 30+ (2005) - - - 51 79 52 46 43 Obese BMI O) - - - 51.5%) 66.4%) (58.4%) (33.1%) (35.8%) oval -	(2007)			·							* .	
~25 Desired (2005) (60.6%) (77.5%) (5%) (6.7%) (3.4%) (14.2%) (14.2%) weight - - - 11 15 16 50 34 25 to 29 (2005) - - - 11.%) 12.6%) (18%) (36%) (28.3%) e BMI 30+ (2005) - - - 51 79 52 46 43 e-ly Obese BMI (2007) (52.5%) 66.4%) (58.4%) (33.1%) (35.8%) c-ly Obese BMI - - - 66 89 97 119 89 139 120	Above Average Range	1	1	40	69	5	8	3	13	17		. [
weight 11 15 16 50 34 25 to 29.9 (2005) 51 79 52 46 43 e BMI 30+ (2005) 51 79 52 46 43 ely Obese BMI (2007) easurements taken - 66 89 97 119 89 139 120	BMI <25 Desired (2005)			(%9.09)	(77.5%)	(%5)	(6.7%)	(3.4%)	(9.4%)	(14.2%)		
25 to 29.9 (2005) e BMI 30+ (2005) e BMI 30+ (2005) e BMI 30+ (2005) e BMI 30+ (2005) ely Obese BMI (2007) leasurements taken easurements	Overweight	1		1	ı	11	15	16	20	34	46	58
e BMI 30+ (2005) 51 79 52 46 43 (35.8%) else BMI (2007) else surements taken - 66 89 97 119 89 139 120	BMI 25 to 29.9 (2005)				-	(11%)	12.6%)	(18%)	(36%)	(28.3%)	(29.2%)	(31.3%)
ely Obese BMI (52.5%) 66.4%) (58.4%) (33.1%) (35.8%) (40.07) (Obese BMI 30+ (2005)			1	,	51	62	52	46	43	31	32
ely Obese BMI (2007) leasurements taken						(52.5%)	66.4%)	(58.4%)	(33.1%)	(35.8%)	(19.7%)	(17.2%)
(2007) leasurements taken 66 89 97 119 89 120	Severely Obese BMI				-				-		18	38
teasurements taken 66 89 97 119 89 130	35+ (2007)										(11.4%)	(20.5%)
- 66 89 97 119 89 120	No measurements taken										16	2 (1%)
- 66 89 97 119 89 139 120											(10%)	
	Total	ı	1	99	68	26	611	68	139	120	157	185

Yearly	1998	1999	2000	2001	2001 2002	2003	2004	2005	2006 2007	2007	2008
Results		-									
Results for Number	95	93	117	143	160	209	233	227	202	252	289
Attended Health	144	142	158	175	203	181	192	231	231	213	230
Participated in Additional Wellness Activities/Programs	61	91	199	244	250	428	548	618 Total all programs 1076	928 Total all programs 1361	1399 Total all programs 1892	1469 Total all programs 1960
Total Employee Participation	150	222	244	306	343	986	400	418	377	447	479
Completed HRA										604	595

Proposed 2009 Employee Wellness Budget with Pilot

Screenings (Including Cholesterol, Glucose) \$20 x 70 persons = Non HAMP insured employees	\$1,400
PSA \$40.00 x 20 non HAMP insured men =	\$ 800
Methodist Hospital Mammograms in mammogram van for women 40 and over \$258.00 x 15 non HAMP insured women =	\$ 3,870
BroMenn Medical Center Osteoporosis screening (heel) \$5 x 100 women	\$ 500
Flu Shots $$25 \times 80 =$	\$2,000
Amount paid by Benefit Fund for Screenings	\$8570
Health Alliance Insurance will pay for employees having HA Insurance	
	2
Other Wellness Program Expenses	
Wellness Conference	\$ 800
Membership to WELCOA	300
Incentives, supplies for fair and wellness activities, Items for lending library	\$9,000
Scholarships for Weight Management program	500
Tobacco Replacement Patches	250
Wellness programs/Health Fair printing/paper	300
Marketing	\$4,000
Total amount requested	\$23,720

Assessment Status Report TODAY IS: 12/24/2008

	Preliminary	Book to	To		Date of	Final	2007	2008	Complaints	Books
Township	Submittal	S/A	Printer/Publisher	Newspaper	Publication	Filing Date	Factor	Factor	Filed	Closed
Allin	10/07/08	10/21/08	10/22/08	Pantagraph	10/29/08	12/01/08	1.0442	1.0443	80	
Anchor	80/36/60	10/02/08	10/09/08	Ridgeview Review	10/16/08	11/17/08	1.0585	1.0000	2	12/24/2008
Arrowsmith	09/02/08	80/20/60	80/80/60	Pantagraph	09/15/08	10/15/08	1.0071	1.0369	5	12/24/2008
Bellflower	09/02/08	09/24/08	09/25/08	LeRoy Journal	10/01/08	10/31/08	1.0000	1.0377	2	12/24/2008
Bloomington	07/18/08	10/10/08	10/14/08	Pantagraph	10/22/08	11/21/08	1.0301	1.0413	91	
Blue Mound	06/24/08	08/11/08	08/15/08	Ridgeview Review	08/21/08	09/22/08	1.0000	1.0218	18	12/08/2008
Cheney's Grove	09/02/08	10/17/08	10/17/08	Ridgeview Review	10/23/08	11/24/08	1.0480	1.0181	9	12/09/2008
Chenoa	09/15/08	80/08/60	10/02/08	Chenoa Town Crier	10/09/08	11/10/08	1.0602	1.0328	17	12/24/2008
City	10/03/08	10/10/08	10/14/08	Pantagraph	10/22/08	11/21/08	1.0151	1.0255	512	
Cropsey	09/30/08	10/03/08	10/09/08	Ridgeview Review	10/16/08	11/17/08	1.0693	1.0000		12/09/2008
Dale	08/27/08	10/09/08	. 10/14/08	Pantagraph	10/22/08	11/21/08	1.0378	1.0402	56	•
Danvers	10/21/08	10/28/08	10/28/08	Quill	11/06/08	12/08/08	1.0407	1.0159	15	
Dawson	07/22/08	80/80/60	80/80/60	Pantagraph	09/15/08	10/15/08	1.0319	1.0177	12	12/24/2008
Downs	05/05/08	09/02/08	80/80/60	Pantagraph	09/15/08	10/15/08	1.0329	1.0273	4	12/09/2008
Dry Grove	08/27/08	10/09/08	10/16/08	Quill	10/23/08	11/24/08	1.0000	1.0284	16	
Empire	09/29/08	10/09/08	10/17/08	LeRoy Journal	10/22/08	11/21/08	1.0465	1.0323	33	
Funk's Grove	10/03/08	10/21/08	10/22/08	Heyworth Star	10/29/08	12/01/08	1.0000	1.0409	0	12/09/2008
Gridley	10/07/08	10/17/08	10/17/08	Gridley Village Times	10/23/08	11/24/08	1.0158	1.0177	19	12/24/2008
Hudson	08/27/08	09/10/08	09/12/08	Quill	09/18/08	10/20/08	1.0000	1.0000	17	12/09/2008
Lawndale	80/36/60	10/02/08	10/09/08	Ridgeview Review	10/16/08	11/17/08	1.0000	1.0000	0	12/10/2008
Lexington	10/24/08	10/31/08	10/31/08	Lexingtonian	11/06/08	12/08/08	1.0118	1.0268	17	
Martin	06/24/08	08/12/08	08/15/08	Ridgeview Review	08/21/08	09/22/08	1.0848	1.0529	26	12/24/2008
Money Creek	05/05/08	09/10/08	09/12/08	Lexingtonian	09/18/08	10/20/08	1.0000	1.0554	. 56	-
Mount Hope	10/03/08	.10/06/08	10/17/08	Heyworth Star	10/22/08	11/21/08	1.0000	1.0237	15	12/24/2008
Normal	09/12/08	09/16/08	09/19/08	Normalite	09/25/08	10/27/08	1.0090	1.0300	236	
Old Town	05/05/08	08/21/08	08/26/08	Pantagraph	08/31/08	80/30/60	1.0100	1.0195	31	12/24/2008
Randolph	05/05/08	08/14/08	08/22/08	Heyworth Star	08/27/08	09/26/08	1.0174	1.0190	, 20	12/24/2008
Towanda	09/15/08	80/08/60	10/03/08	Pantagraph	10/10/08	11/10/08	1.0000	1.0000	. 19	
West	09/02/08	09/24/08	09/25/08	LeRoy Journal	10/01/08	10/31/08	1.0000	1.0000	2	12/10/2008
White Oak	08/27/08	10/09/08	10/16/08	Quill	10/23/08	11/24/08	1.0642	1.0317	23	12/24/2008
Yates	80/30/60	10/03/08	10/09/08	Chenoa Town Crier	10/16/08	11/17/08	1.0574	1.0000	~-	12/24/2008
	•					Average	1.0256	1.0238	1279	

Complaint comparison Year to Year

	·	2007			2008		·
	Complaints	B/R's	2007	Complaints	B/R's	2008	
Township	Filed	Filed	Total	Filed	Filed	Total	Change
Allin	4	0	4	5	3	8	4
Anchor	4	2	6	5	2	7	1
Arrowsmith	0	. 1	1	3	2	5	4
Bellflower	5	0	5	2	0	2	(3)
Bloomington	39	8	47	64	27	91	44
Blue Mound	6	3	9	. 18	0	18	9
Cheney's Grove	5	11	16	0	6	6	(10)
Chenoa	16	21	37	. 9	2	11	(26)
City	283	126	409	397	115	512	103
Cropsey	2	0	2	0	1	1	(1)
Dale	28	8	36	30	26	56	20
Danvers	5	5	10	12	3	15	5
Dawson	10	6	16	11	1	12	(4)
Downs	7	0	7	4	0	4	(3)
Dry Grove	1	1	2	13	3	16	14
Empire	19	7	26	. 26	7 ·	. 33	7
Funk's Grove	1	4	5	0	0	0	0
Gridley	11	4	15	12	7	19	4
Hudson	6	2	8	14	3	17	9
Lawndale	0	0	0	. 0	. 0	0	0
Lexington	. 9	5	14	12	5	17	3
Martin	6	1	7	23	3	26	19
Money Creek	14	3	17	52	4	56	39
Mount Hope	1	2	3	10	5	15	12
Normal	63	168	231	117	119	236	5
Old Town	14	9	23	19	12	31	-8
Randolph	14	20	34	10	10	20	(14)
Towanda	6	92	98	4	15	19	(79)
West	1	1	2	0	2	2	0
White Oak	23	3	26	21	2	23	(3)
Yates	0	1	1	1	0	1	O
Grand Total:	603	514	1117	894	385	1279	162



H. Lee Newcom McLean County Recorder 115 E. Washington Street, Room M-104 Post Office Box 2400 Bloomington, IL 61702-2400 (309) 888-5170

December 29, 2008

To: Honorable Members of the Finance Committee

From: H. Lee Newcom, McLean County Recorder

Please be advised for the month of November 2008 that revenue, state stamp inventory and receipts, and receivables reconcile with the general ledger.

A copy of November's "Monthly Account Balances" is attached.

Recorder

11/2008

		Mont	Month-to-date Totals	tals		_	ear-to-date Totals through November, 2008	ıls through No	vember, 2008	
	Cash/Check/		Charges	Other Pay		Cash/Check/		Charges	Other Pay	
cription	Change	Change Charge	Paid	Method	Total	Change	Charge	Paid	Method	Total
Il Hsg Prog	\$16,299.00	\$0.00	\$0.00	\$504.00	\$16,803.00	\$245,718.00	\$0.00	\$0.00	\$2,619.00	\$248,337.

			Mont	Month-to-date Totals	tals		×	Year-to-date Totals through November, 2008	als through No	vember, 2008	
		Cash/Check/		Charges	Other Pay		Cash/Check/		Charges	Other Pay	
Account #	Account Description	Change	Charge	Paid	Method	Total	Change	Charge	Paid	Method	Total
01-0-0-201-070-034	Due Idor-Rental Hsg Prog	\$16,299.00	\$0.00	\$0.00	\$504.00	\$16,803.00	\$245,718.00	\$0.00	\$0.00	\$2,619.00	\$248,337.00
01-6-8-410-008-034	Copy Fees	\$1,008.15	\$0.00	\$0.00	\$0.00	\$1,008.15	\$11,726.30	\$9.75	\$9.75	\$0.00	\$11,726.30
01-6-8-410-029-035	Recording Fees	\$30,169.00	\$395.00	\$585.00	\$846.00	\$30,825.00	\$460,328.00	\$5,035.00	\$4,888.00	\$4,805.00	\$465,280.00
01-6-8-410-032-036	01-6-8-410-032-036 County Revenue Stamps	\$25,029.25	\$0.00	\$0.00	\$0.00	\$25,029.25	\$325,730.00	\$0.00	\$0.00	\$0.00	\$325,730.00
01-6-8-410-111-111	Payment On Account	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
01-6-8-410-128-100	Microfilm Sales	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
01-6-8-410-132-100	Data Sales	\$180.00	\$0.00	00.0\$	\$0.00	\$180.00	\$1,880.00	\$0.00	\$0.00	\$0.00	\$1,880.00
01-6-8-410-195-035	Rental Hsg Support Progrm	\$1,811.00	\$0.00	\$0.00	\$56,00	\$1,867.00	\$27,302.00	\$0.00	\$0.00	\$291.00	\$27,593.00
16-8-4-102-222-222	Balance Brought Forward	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
16-8-4-102-222-222	Balance Brought Forward/Credit	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
37-6-8-410-089-284	Document Storage	\$6,186.00	\$234.00	\$321.00	\$168.00	\$6,267.00	\$91,890.00	\$2,619.00	\$2,535.00	\$885.00	\$92,859.00
37-6-8-410-181-100	Gis Document Storage	\$2,062.00	\$78.00	\$107.00	\$56.00	\$2,089.00	\$30,630.00	\$873.00	\$845.00	\$295.00	\$30,953.00
51-0-0-126-001-903	State Revenue Stamps	\$50,058.50	\$0.00	\$0.00	\$0.00	\$50,058.50	\$651,436.00	\$0.00	\$0.00	\$0.00	\$651,436.00
67-6-8-410-181-100	Gis Fund	\$9,983.00	\$156.00	\$214.00	\$280.00	\$10,205.00	\$150,645.00	\$1,800.00	\$1,741.00	\$1,475.00	\$152,179.00
	Final Total :	\$142,785.90	\$863.00	\$1,227.00	\$1,910.00	\$144,331.90	\$1,997,285.30	\$10,336.75	\$10,018.75	\$10,370.00	\$2,007,973.30

Prepared On: At: